

Portland Area Aikido Friendship Seminar

Saturday April 6, 2019 at Two Rivers Aikikai

This Year's theme: **Womxn in Aikido**

Featuring Aikido Instructors from Six Dojos
in support of the **Q Center** - <http://www.pdxqcenter.org>



**Multnomah
Aikikai**

10:00am warmups with Lynn

10:15am Aikido Northwest

11:00am Bridgetown Aikido

11:45am Multnomah Aikikai

12:30 - 2:20pm lunch

2:20pm warmups

2:30pm Budo Dojo

3:15pm Portland Aikikai

4:00pm Two Rivers Aikikai



Budo Dojo



Portland Aikikai

Two Rivers Aikikai welcomes and admits students of any race, color, gender identity and sexual orientation.
We are located at 2950 SE Belmont Street, Portland, OR 97214 www.2rivers.org 503-238-7012