

Two Rivers Aikikai Schedule of Classes

Justice, Equity and Non-violence on and off the mat Practicing Non-violence is a Way of Life

Sundays	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
11:00–12:00 noon	9:30 – 10:30 a.m.	5:45 - 6:30 p.m.	-	-		-
Aikido mixed level For all students	Open Mat Practice For all students	Beginners* or Open mat For all students				
	6:00 - 7:00 p.m.	6:30 -7:30 p.m.	6:00-7:00 p.m.	6:00 -7:00 p.m.	6:00 - 7:00 p.m.	10:30-12:00 noon
	Muso Shinden Ryu Iaido**	Basic Aikido For all students	Aikido mixed level For all students	Basic Aikido For all students	Muso Shinden Ryu Iaido**	Beginners* & Basic Aikido For all students

Proof of COVID Vaccine & Booster is required for all dojo members practicing in classes at the dojo. Visitors to the dojo must show proof of being up to date with the COVID vaccine or wear a face mask inside the dojo.

* 4 week Beginner Sessions for teens and adults are offered in January, March, May, July, September & November.

** Koyanis sensei's permission is required for Iaido. Schedule is current as of 1/31/2024

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Our mission: Two Rivers Aikikai helps individuals on their path of well-being of mind, body and spirit through the practice of the Japanese martial arts of Aikido, Iaido and Karatedo to peacefully engage conflict.

We value Continuity, Commitment, Curiosity, Courage, Caring and Community.