



# Two Rivers Aikikai

## Schedule of Classes

Equity is Ki

Practicing Non-violence is a Way of Life

Sundays	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
						7:30 -8:45 a.m. <b>Muso Shinden Ryu Iaido**</b>
	5:30 - 6:30p.m. <b>Muso Shinden Ryu Iaido**</b>	5:45 - 6:30p.m. <b>Aikido for Beginners*</b>	5:30-6:30p.m. <b>Muso Shinden Ryu Iaido**</b>	5:00 - 5:50p.m. <b>Aikido for Children Ages 8 - 11</b>	5:30 - 6:00p.m. <b>Open Mat for Aikido</b>	9:15-10:15a.m. <b>Aikido for Children Ages 6 - 11</b>
9:45 - 10:45 a.m. <b>Beginners* &amp; Sunday Aikido</b> For all students	6:30 -7:30p.m. <b>Aikido &amp; Weapons</b> For all students	6:30 -7:30 p.m. <b>Basic Aikido</b> For all students	6:30 - 7:30 p.m. <b>Aikido &amp; Weapons</b> For all students	6:00 -7:00 p.m. <b>Basic Aikido</b> For all students	6:00 -7:15 p.m. <b>Aikido &amp; Weapons</b> For all students	10:30-12:00noon <b>Beginners* &amp; Basic Aikido</b> For all students
				7:00 - 7:30 p.m. <b>Open Mat / Test Prep</b>		12:00-12:45 p.m. <b>Open Mat/ Test Prep</b>

\* 4 week Beginner Sessions for teens and adults start Jan. 8 & Mar. 5, 2019 cost is \$135. (practice uniform included)  
Registration for **Children's Aikido** is ongoing. Cost for new children ages 6 & 7 is \$110 - for ages 8 - 11 is \$130 (practice uniform included)

\*\*Koyanis Sensei's permission required for Iaido. Schedule current as of 1/9/2019.

**TWO RIVERS AIKIKAI** 2950 SE BELMONT STREET PORTLAND, OREGON 97214 503-238-7012  
A Member Dojo of the USAF & Kiyokaze Iaido Federation e-mail: [info@2rivers.org](mailto:info@2rivers.org) web site: <http://www.2rivers.org>

Visitors are welcome to observe classes. Two Rivers Aikikai is a 501(c)(3) federal non-profit organization, admits students of any race, color, gender identity, and sexual orientation to all the rights, privileges, programs and activities that are available to all members.