DAN TEST REQUIREMENTS FOR TWO RIVERS AIKIKAI

Shodan
300 hrs. of training since last test and instructor's permission
Test is taken with one uke.
Suwari Waza:
Shomenuchi Ikkyo to Gokyo omote & ura
Hanmi Handachi:
Ushiro Ryokatatori 5 techniques
Shomenuchi Irimi Nage ura
Shomenuchi Shiho Nage omote
Tachi Waza: 5 techniques should be throws
Gyaku Hanmi Katatetori 5 techniques
Ai Hanmi Katatetori 5 techniques
Ryokatatori 5 techniques
Katatorii Menuchi 5 techniques
Yokomenuchi 5 techniques
Morotetori 5 techniques
Shomenuchi 5 techniques
Ryotetori 5 techniques
Tsuki 5 techniques
Ushiro Tekubitori 5 techniques
Ushiro Ryokatatorii 5 techniques
Ushiro Kubishime 5 techniques
Koshinage* from any attack 5 throws
Henkawaza:
from Shomenuchi Iriminage 5 techniques
Kaeshiwaza:
from Tsuki Kotegaeshi 5 techniques
Tanto Tori: 2 ukes with tanto 5 techniques
Tachi Tori: 2 ukes with bokken 5 techniques
Jo Tori: 2 ukes with jo 5 techniques
Jo Nate: nage holds the jo 5 techniques
Bokken vs bokken 5 entries against shomenuchi
Randori
jiju waza with 5 ukes

Nidan
600 hrs. of training since last test and instructor's permission
Test is taken with two ukes.
Suwari Waza:
Yokomenuchi Ikkyo – Gokyo omote & ura
Hanmi Handachi:
any attack from in front or behind 5 techniques
Tachi Waza: 5 techniques should be throws
Same attacks as on shodan test 5 techniques
Gyaku Yokomenuchi 5 techniques
Koshinage* any attack 5 different throws
Henkawaza:
from Shomenuchi Iriminage 5 techniques
Kaeshiwaza:
from Tsuki Kotegaeshi 5 techniques
Tanto Tori: 2 ukes with tanto 5 techniques
Tachi Tori: 2 ukes with bokken 5 techniques
Jo Tori: 2 ukes with jo 5 techniques
Jo Nate: nage holds the jo 5 techniques
Bokken vs bokken 5 entries against shomenuchi
Randori
jiju waza with 5 ukes

Sandan
700 hrs. of training since last test and instructor's permission
Test is taken with three ukes.
Suwari Waza:
Jiyuu Waza from any attack 20 throws
Hanmi Handachi:
Jiyuu Waza from any attack 20 throws
Tachi Waza:
Jiyuu Waza from any grab in front 20 throws
Jiyuu Waza from any grab behind 20 throws
Jiyuu Waza from any strike 20 throws
Randori:
Jiyuu Waza from any attack 20 throws
Koshi Nate*:
8 different koshinage throws from any attack
Henkawaza:
3 ukes 10 throws
Ikkyo from any attack changed to a throw
Nikkyo from any attack changed to a throw
Shihonage from any attack changed to a throw
Kotegaeshi from any attack changed to a throw
Iriminage from any attack changed to a throw
Tenchi nage from ryotetori changed to a throw
Kaitennage from any attack changed to a throw
Kaeshiwaza:
a reversal of any basic technique from any attack
Weapons:
3 ukes with 1 tanto, 1 bokken & 1 jo – any attack
Jo Nate: nage holds the jo with 3 attackers
Bokken vs Jo:
1 uke with bokken strikes shomenuchi vs jo
Randori
jiju waza with 5 ukes

Please consult the dojo’s glossary for definitions of terminology used for these examinations.

Koshi Nage* throws include: o goshi, ko goshi, hajiki goshi, koshi garuma, suribe goshi, shiho goshi, uki goshi, ukashi goshi, kote hineri koshi nage, juji goshi, maki komi goshi.